

TIME	VARSITY BOYS	Varsity Girls	JV BOYS A	JV GIRLS B	JV BOYS B
		JV Girls A			
4:45 AM					
5:45 AM					
6:00 AM	Setup Camp				
6:15 AM	Bibs/Pins/Bathroom				
6:30 AM	Bathroom	Stay Cool	Walk First Part of Course/Bathroom		
6:45 AM	Warmup - 6:40				
7:00 AM		Warmup - 7:00	Stay Cool/Hydrated/ Bathroom/Support	Support Team/Stay Cool/Hydrated/ Bathroom	Support Team/Stay Cool/Hydrated/ Bathroom
7:15 AM	Line - 7:10				
7:30 AM	Race - 7:25	Line - 7:30	Warmup - 7:30		
7:45 AM		Race - 7:45			
8:00 AM	C/D - 7:55 (20 Minutes)	C/D - 8:25 (15 Minutes)	Line - 8:00	Warmup - 8:00	
8:15 AM			Race - 8:15		
8:30 AM	Stretch - 8:20	Stretch - 8:40	C/D - 8:45 (15 Minutes)	Line - 8:30	Warmup - 8:30
8:45 AM	Support!			Support!	
9:00 AM		Support!	Support!		Stretch - 9:05
9:15 AM	C/D - 9:30 (10')			Race - 9:15	
9:30 AM		CLEAN/PACK UP CAMP			C/D - 9:30 (10')
9:45 AM	Stretch - 9:45				Stretch - 10:00
10:00 AM					
10:15 AM	Team Picture				
10:30 AM	Depart Course				
11:30 AM	Arrive back at Plano East - PLEASE DO NOT PARK IN BUS LANE				

VARSITY BOYS	Varsity Girls JV GIRLS A	JV BOYS	JV GIRLS B	JV BOYS B
Donovan Bush	Gabi Alvarez	Patrick Caldwell	Zamzam Adnan	Shaan Bhakta
Noah Gonzales	Meera Bhakta	Spencer Gryglas	Serenity Castillo	Luis Canales
Luc LaPorte	Amelia Bradstreet	Nathan Ha	Vanessa Delgado	Krish Gandhi
Jake Ramey	Camryn Chaffin	Dash Harvey	Lena Doan	Bipul Padhy
Nathan Bennis	Meghan Ledoux	Johnny Spiars	Megan Ferenczhalmy	Aryan Patel
Ekansh Ahuja	Samantha Armstrong	Preston Swanner	Anna Fitzgerald	Faraz Rahman
Vinh Tran	Lydia Chavez	Nathan Tran	Jillian Jones	Jesus Rojas
	Natalie Cotton	Nathan Nguyen	Sarina Joseph	Trinidad Rojas
	Sophia Guerra		Kate Shaw	Victor Rojas
	Natalie Ngueyn		Celine Tan	Grant Sammon
	Emily Peterson		Isabella Aquino	
	Dana Pham		Hue-Trinh Tran	
	Samantha Pupo		Ava Moriarty	
	Callie Willis		Olivia Gonzales	