

TIME	VARSITY GIRLS	VARSITY BOYS	JV GIRLS	JV BOYS	TIME	
5:50 AM	Bus Leaves Plano East - 5:50 AM; ARRIVE AT 5:30				5:50 AM	
6:20 AM	Arrive at Russell Creek Park - 3500 McDermott Rd, Plano, TX 75025				6:20 AM	
6:30 AM	Bibs/Pins/Bathroom	Setup Camp			6:30 AM	
6:45 AM	Warmup - 6:45	Bibs/Pins/Bathroom			6:45 AM	
7:00 AM		Bathroom	Walk First Part of Course (Start-Baseball Fields)		7:00 AM	
7:15 AM	Line - 7:15	Warmup - 7:15			Bathroom	
7:30 AM	Race - 7:30		Line - 7:45	Stay Cool/Hydrated/ Bathroom		
7:45 AM		Warmup - 7:45	7:45 AM			
8:00 AM	C/D - 8:00 (15 Minutes)	Race - 8:00	Warmup - 8:15		8:00 AM	
8:15 AM					Line - 8:15	8:15 AM
8:30 AM	Stretch - 8:20	C/D - 8:30 (15 Minutes)	Race - 8:30		8:30 AM	
8:45 AM	Support Teammates!				Line - 8:45	8:45 AM
9:00 AM		Stretch - 8:50	C/D - 9:10 (10 Minutes)		9:00 AM	
9:15 AM		Support!	Stretch - 9:25		9:15 AM	
9:30 AM	CLEAN UP CAMP!			C/D - 9:30 (10 Minutes)		9:30 AM
9:45 AM				Stretch - 9:45		9:45 AM
10:00 AM	Team Picture				10:00 AM	
10:15 AM	Load Up Busses/Depart Course				10:15 AM	
10:50 AM	Arrive Back at Plano East - 10:50 AM				10:50 AM	

Varsity Girls	Varsity Boys	JV Girls	JV Boys
Dani Tillery	Donovan Bush	Sophie Guerra	Vinh Tran
Gabi Alvarez	Noah Gonzales	Lydia Chavez	Nathan Ha
Meghan Ledoux	Luc LaPorte	Natalie Cotton	Spencer Gryglas
Meera Bhakta	Jake Ramey	Ava Moriarty	Preston Swanner
Amelia Bradstreet	Nathan Bennis	Olivia Gonzales	Dash Harvey
Dana Pham	Ekansh Ahuja	Lena Doan	Johnny Spiars
Camryn Chaffin		Megan Ferenczhalmy	Patrick Caldwell
		Anna Fitzgerald	Shaan Bhakta
		Serenity Castillo	Grant Sammon
		Vanessa Delgado	Nathan Nguyen
		Callie Willis	Aryan Patel
		Sarina Joseph	Nathan Tran
		Natalie Nguyen	
		Samantha Pupo	
		Kate Shaw	
		Hue-Trinh Tran	

If you are not entered in the meet, and can not go, don't worry about it!