

Timber Creek Falcon Fast Invitational - 9/30/17

TIME	VARSITY GIRLS	VARSITY BOYS	JV GIRLS	JV BOYS	TIME
4:15 AM	Arrive at Plano East				4:15 AM
4:30 AM	Bus Leaves				4:30 AM
5:45 AM	Arrive at Trinity Springs Middle School				5:45 AM
6:00 AM	Setup Camp/Pins/Bathroom				6:00 AM
6:15 AM					6:15 AM
6:30 AM	Warmup - 6:25		Walk First .75 Of Course		6:30 AM
6:45 AM					6:45 AM
7:00 AM	Starting Line - 7:00	Warmup - 6:55			7:00 AM
7:15 AM	Race - 7:15				7:15 AM
7:30 AM		Starting Line - 7:30	Warmup - 7:20		7:30 AM
7:45 AM	Cooldown - 7:50	Race - 7:45			7:45 AM
8:00 AM			Starting Line - 7:55	Warmup - 7:55	8:00 AM
8:15 AM		Cooldown - 8:10	Race - 8:10		8:15 AM
8:30 AM				Starting Line - 8:30	8:30 AM
8:45 AM			Cooldown - 8:50	Race - 8:45	8:45 AM
9:00 AM					9:00 AM
9:15 AM	Clean Up Camp - 9:15 AM			Cooldown - 9:15	9:15 AM
9:30 AM					9:30 AM
9:45 AM	Team Meeting				9:45 AM
10:00 AM	Get On Busses				10:00 AM
11:00 AM	Arrive at Plano East				11:00 AM