

NTXC Circuit #2 - Myers Park

TIME	VARSITY GIRLS	VARSITY BOYS	JV GIRLS	JV BOYS	TIME
5:10 AM	Bus Riders Arrive at Plano East - 5:00 AM				5:10 AM
5:30 AM	Bus Departs Plano East - 5:20 AM				5:30 AM
6:15 AM	Varsity Girls @ Course	Travel	Wakeup / Breakfast	SLEEP	6:15 AM
6:30 AM	Bathroom/Bibs				6:30 AM
6:45 AM	Warmup 6:45	Varsity Boys @ Course 6:40 AM	Pack gear/items to take to meet	Wakeup / Breakfast	6:45 AM
7:00 AM		Bathroom/Bibs			7:00 AM
7:15 AM	Start Line 7:15	Warmup 7:15	Pack gear/items to take to meet	Wakeup / Breakfast	7:15 AM
7:30 AM	Race 7:30				7:30 AM
7:45 AM	Cooldown 8:00	Start Line 7:45	Travel	Pack gear/items to take to meet	7:45 AM
8:00 AM		Race - 8:00			8:00 AM
8:15 AM	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Cooldown 8:30	JV Girls @ Course - 8:25	Travel	8:15 AM
8:30 AM					8:30 AM
8:45 AM	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Bathroom/ Bibs/Warmup 8:30	JV Boys @ Course - 8:50	8:45 AM
9:00 AM			9:00 AM		
9:15 AM	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Start Line 9:15	Bathroom/ Bibs/Warmup 9:00 AM	9:15 AM
9:30 AM			Race 9:30		9:30 AM
9:45 AM	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Cooldown 10:05	Start Line 9:50	9:45 AM
10:00 AM				Race 10:05	10:00 AM
10:15 AM	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Cooldown 10:35	Go Home with parents/approved families OR go to bus/ designated area	10:15 AM
10:30 AM					10:30 AM
10:45 AM	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area	10:45 AM
11:00 AM					11:00 AM
11:15 AM	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area. HELP CLEAN UP CAMP BEFORE YOU LEAVE!	Go Home with parents/approved families OR go to bus/ designated area	11:15 AM
11:30 AM					11:30 AM
11:30 AM	Arrive back at Plano East - Will Update Through Remind If Back Earlier/Later				11:30 AM