

TIME	VARSITY BOYS	JV GIRLS	JV BOYS	TIME
5:15 AM	Depart Plano East - Arrive at 5:00 AM			5:15 AM
6:15 AM	Arrive at North Lakes Park - 2226 W Windsor Dr, Denton, TX 76201			6:15 AM
6:30 AM	Bathroom/Course/Stay Warm	Bathroom/Course/Stay Warm	Stay Warm/Hydrated/ Bathroom/Support	6:30 AM
6:45 AM				6:45 AM
7:00 AM	Warmup - 7:05	Warmup - 7:25		7:00 AM
7:15 AM				7:15 AM
7:30 AM	Line - 7:35	Warmup - 7:25	Warmup - 7:55	7:30 AM
7:45 AM	Race - 7:50*			7:45 AM
8:00 AM		Line - 7:55	Race - 8:10	Line - 8:25
8:15 AM	C/D - 8:15 (20 Minutes)	8:15 AM		
8:30 AM		Stretch - 8:45	C/D - 8:55	Race - 8:40
8:45 AM	8:45 AM			
9:00 AM	Support!	Stretch - 9:20	C/D - 9:15	9:00 AM
9:15 AM				9:15 AM
9:30 AM			Stretch - 9:30	9:30 AM
9:45 AM	CLEAN/PACK UP CAMP			9:45 AM
10:00 AM	Depart Course			10:00 AM
10:15 AM	Arrive at Chick-fil-A; 2410 W University Dr, Denton, TX 76201			10:15 AM
11:00 AM	Depart CFA			11:00 AM
12:00 PM	Arrive back at Plano East - PLEASE DO NOT PARK IN BUS LANE			12:00 PM

VARSITY BOYS	JV GIRLS	JV BOYS
Luc LaPorte	Meera Bhakta	Patrick Caldwell
	Lena Doan	Nathan Ha
	Callie Willis	Bipul Padhy
	Zamzam Adnan	Aryan Patel
	Serenity Castillo	Faraz Rahman
	Megan Ferenczhalmy	Tyler Spieth
	Olivia Gonzales	Preston Swanner
	Meghan Ledoux	Nathan Tran
	Ava Moriarty	Shaan Bhakta
	Emily Peterson	Spencer Gryglas
	Dana Pham	Cole Heise
	Katie Tran	Grant Sammon
	Samantha Armstrong	Jesus Aguilar
	Lydia Chavez	Damieyan Osorio
	Natalie Cotton	
	Vanessa Delgado	
	Anna Fitzgerald	
	Sophia Guerra	
	Jillian Jones	
	Kate Shaw	
	Hue-Trinh Tran	