

TIME	JV BOYS	JV GIRLS	JV 2 BOYS	TIME
5:10 AM	Arrive at Plano East			5:10 AM
5:30 AM	Bus Leaves Plano East			5:30 AM
6:00 AM	Arrive at Norbuck Park - 200 North Buckner Blvd, Dallas, TX 75218			6:00 AM
6:15 AM	Setup Camp/Bathroom			6:15 AM
6:45 AM	Pins!			6:45 AM
7:00 AM				7:00 AM
7:15 AM	Warmup - 7:10		Walk First Part Of Course	7:15 AM
7:30 AM			STAY COOL/HYDRATED	7:30 AM
7:45 AM	Line - 7:45	Warmup - 7:40	Warmup - 8:10	7:45 AM
8:00 AM	Race - 8:00			8:00 AM
8:15 AM		Line - 8:10		8:15 AM
8:30 AM	C/D - 8:30 (15 Minutes)	Race - 8:25	Line - 8:40	8:30 AM
8:45 AM			Race - 8:55	8:45 AM
9:00 AM	Stretch - 8:50	C/D - 9:00 (15 Minutes)	C/D - 9:25 (10 Minutes)	9:00 AM
9:15 AM				9:15 AM
9:30 AM		Stretch - 9:20		9:30 AM
9:45 AM			Stretch - 9:45	9:45 AM
10:00 AM	CLEAN UP CAMP!			10:00 AM
10:15 AM				10:15 AM
10:30 AM	Load Busses			10:30 AM
10:45 AM	Depart course			10:45 AM
11:00 AM	Lunch at Chick-fil-A 6176 Retail Rd			11:00 AM
11:15 AM	Depart course			11:15 AM
11:30 AM	Pick-Up at Plano East - Do not wonder around campus.			11:30 AM
11:45 AM	Hang out until ride arrives			11:45 AM