

TIME	Varsity Girls	Varsity Boys	JV Girls	JV Boys	TIME
5:10 AM	Arrive at Plano East				5:10 AM
5:30 AM	Bus Leaves Plano East				5:30 AM
6:00 AM	Arrive at Norbuck Park - 200 North Buckner Blvd, Dallas, TX 75218				6:00 AM
6:15 AM	Setup Camp/Bathroom/Bibs & Pins				6:15 AM
6:45 AM					6:45 AM
7:00 AM	Coaches Meeting				7:00 AM
7:15 AM	Warmup - 7:10	Teammate Family Time	Walk First Part Of Course		7:15 AM
7:30 AM			Teammate Family Time		7:30 AM
7:45 AM	Line - 7:45				7:45 AM
8:00 AM	Race - 8:00	Warmup - 7:55	Varsity Girls Race		8:00 AM
8:15 AM					8:15 AM
8:30 AM	C/D - 8:35 Cheer on Boys	Line - 8:30	Teammate/Family Time		8:30 AM
8:45 AM		Race - 8:45	Warmup - 8:40	Varsity Boys Race	8:45 AM
9:00 AM					9:00 AM
9:15 AM	Stretch - 9:15	C/D - 9:10 Cheer on Girls	Line - 9:15	Warmup - 9:25	9:15 AM
9:30 AM	JV Girls Race		Race - 9:30		9:30 AM
9:45 AM					Stretch - 9:45
10:00 AM	Everyone at Start Line				Line - 10:00
10:15 AM	JV Boys Race			Race - 10:15	10:15 AM
10:30 AM					10:30 AM
10:45 AM	CLEAN UP CAMP!			C/D - 10:30 (10 Minutes)	10:45 AM
11:00 AM	Awards/Team Pictures				11:00 AM
11:15 AM					11:15 AM
11:30 AM					11:30 AM
12:00 PM	Depart course				12:00 PM
12:40 PM	Lunch at Plano East				12:40 PM
1:30 PM	Team Excused After Lunch				1:30 PM