

PISD XC Invitational - 8/18/2018

TIME	VARSITY GIRLS	VARSITY BOYS	JV GIRLS	JV BOYS	TIME	
5:30 AM	Arrive at Plano East				5:30 AM	
5:50 AM	Bus Leaves				5:50 AM	
6:10 AM	Arrive at Russell Creek Park				6:10 AM	
6:30 AM	Setup Camp/Pins/Bathroom				6:30 AM	
6:45 AM	Warmup - 6:40		Walk First .75 Of Course		6:45 AM	
7:00 AM					7:00 AM	
7:15 AM	Starting Line - 7:15	Warmup - 7:10			7:15 AM	
7:30 AM	Race - 7:30			Warmup - 7:35	Cheer on Varsity Races	7:30 AM
7:45 AM		Starting Line - 7:45				7:45 AM
8:00 AM	Cooldown - 8:00	Race - 8:00*	Starting Line - 8:10		8:00 AM	
8:15 AM						8:15 AM
8:30 AM	CHEER ON JV RACES	Cooldown - 8:30	Race - 8:25*		Warmup - 8:20	8:30 AM
8:45 AM						Starting Line - 8:55
9:00 AM			Cooldown - 9:15		Race - 9:10*	9:00 AM
9:15 AM						
9:30 AM					9:30 AM	
9:45 AM	Clean Up Camp - 9:45 AM			Cooldown - 9:45	9:45 AM	
10:00 AM					10:00 AM	
10:15 AM	Team Meeting				10:15 AM	
10:30 AM	Get On Busses				10:30 AM	
10:45 AM	Arrive at Plano East				10:45 AM	